

## **Background**

1. Where and when were you born?
2. What were your parents' names?
3. What did they do for work?
4. Do you have siblings? If so, where did you fall between them?
5. How far back are you aware of your family history?
6. What was your favorite sport or hobby as a child?
7. Who was your best friend as a child?
8. What did you want to be when you grew up?
9. Who impacted you most in childhood?
10. What was your favorite subject in school?
11. Did you receive an allowance growing up? Do you remember how much it was?
12. What chores did you have?

## **Education / Service**

1. What is the furthest education you started or completed?
2. Was your education part of your plan? Or was it dictated as life demanded?
3. Did it end up being relevant to your longest career?
4. Did you serve in the military or other civic service?
5. How long did you serve?
6. Did it give you a sense of purpose?
7. What did you enjoy most about it?
8. Did you do any volunteering work?
9. How long were you involved?
10. What did you enjoy most about it?

## **Adult Life**

1. Were you married?
2. Where and how did you meet?

3. Do you have children?
4. What are their names and how old are they?
5. What is the furthest from home you ever traveled?
6. What careers did you have?
7. What career did you enjoy the most and least?
8. What career felt like it held the most meaning for you?
9. Did any of your children follow in your career footsteps?

### **Personal Life**

1. What was your favorite pet?
2. What is your favorite and least favorite meal?
3. Of your favorite meal - Who made it best?
4. What is your favorite and least favorite season? And why?
5. What is your favorite smell and sound?
6. Favorite Movie and TV show?
7. Favorite book?
8. Favorite band or song?
9. What is your favorite joke?
10. Did you enjoy traveling?
11. What is your favorite and least favorite way to travel?
12. What is the most amazing thing you ever witnessed with your own eyes?
13. Do you have a motto or philosophy you have tried to live by?
14. What is something you always found came easy or was a natural talent?
15. What is something your friends or family would find surprising to learn about you?
16. Are you a morning person or a night owl?
17. Did you turn out to be more like your mother or father?
18. Do you have any unique talents or abilities?
19. What is something you consider unique about yourself?
20. Who is the wisest person you ever came across, famous or not?
21. What is your favorite object or gadget?

## Reflection

1. Did having children change how you viewed or approached the world?
2. What was the most exciting decade for you and why?
3. What decade was the hardest or most trying and why?
4. What did that time period teach you?
5. Did you have a bucket list?
6. Were you able to complete it?
7. What didn't you get to do and why not?
8. What is your happiest memory?
9. Who taught you the most valuable lesson about life?
10. Did they teach it to you intentionally?
11. What was the lesson?
12. What advice would you give yourself at 20?
13. What are your thoughts on fear?
14. What is something you would do differently?
15. What is the biggest change you have seen in the world through your life?
16. What is something that has faded from the world that should make a return?
17. What is the most meaningful gift you ever received?
18. Did you live longer or shorter than you imagined growing up?
19. Is there anything about life you think you will miss after death?
20. What could the world do better?
21. Do you have any knowledge or insight you would like to pass on?
22. What is something that always made you laugh?
23. What is your biggest fear and were you able to overcome it?
24. To you what makes for a successful life?
25. If you could go back to a time in your life when would it be and why?
26. What about your children are you most proud of?
27. How different did life turn out than you had imagined as a child?
28. What was the biggest difference?
29. What is your favorite memory of your parents?

30. What big world events do you remember from youth?
31. How did they affect your life?
32. What is your first vivid memory?
33. How did your parents' death affect how you view and approach your own?
34. What values do you think the younger generations should hold on to?
35. What has brought you the most peace?
36. Looking back, what is something you feel you faced with courage?
37. What do you do to relax?
38. How would you like people to remember you?
39. What is something specific you would like people to remember about you?

### **Big Questions**

1. What are your thoughts on god and religion?
2. What does death mean to you?
3. What do you feel your biggest contribution to life was?
4. What do you think the purpose of life is?
5. Do you think we live more than one life?
6. If so, what would you like your next life to be like?
7. Do you feel your diagnosis had a lesson in it for you?
8. It is said that those who die before us come for us when it is our turn? If this is true, Who do you hope comes to meet you?
9. If god exists in the classical sense, what are the first words you would like to hear spoken?
10. If you had to describe existence in a word, what would it be?
11. If you could change one thing about your life, what would it be?
12. What do you imagine the experience of dying to be like?
13. What is a question you hope to have answered for you after death?
14. How has your perception of time changed through life?